



M . A . R . C .

MEDICAL AESTHETICS &
REJUVENATION CENTER

Dermaplaning Consent Form

Dermaplaning is a form of manual exfoliation. An esthetician grade, sterile blade is stroked along the skin at an angle to gently “shave off” dead skin cells from the epidermis. Dermaplaning also temporarily removes the fine vellus hair of the face, leaving a very smooth surface. As with any type of exfoliation, the removal of dead skin cells allows home care products to be more effective, reduces the appearance of fine lines, evens skin tone and assists in reducing milia, closed and open comedones, and minor breakouts associated with congested pores. Due to the contours of the face, certain areas of the face (such as the eyelids and nose) are not treatable using this method. _____ Patient Initials

Dermaplaning may cause minor superficial abrasions which may not appear until a day or two following your treatment. After your treatment, SPF 30+ MUST be worn at all times. Tanning beds should never be used. You are making an investment in your skin: therefore, it is to your benefit to continue to protect it long after your series of treatments is completed. _____ Patient Initials

Contraindications although it is impossible to list every potential risk and complication, the following conditions are recognized as contraindications for dermaplaning treatment and must be disclosed prior to treatment.

- Active acne • Active infection of any type, such as herpes simplex or flat warts. • Any raised lesions • Any recent chemical peel procedure • Chemotherapy or radiation • Eczema or dermatitis • Family history of hypertrophic scarring or keloid formation • Hemophilia • Hormonal therapy that produces thick pigmentation • Moles • Oral blood thinner medications • Pregnancy • Recent use of topical agents such as glycolic acids, alpha-hydroxy acids and Retin-A • Rosacea • Scleroderma • Skin Cancer • Sunburn • Tattoos • Telangiectasia/erythema may be worsened or brought out by exfoliation • Thick, dark facial hair • Uncontrolled diabetes • Use of Accutane within the last year • Vascular lesions

_____ Patient Initials

Post-Treatment/Home Care: Aerobic exercise or vigorous physical activity should be avoided until all redness has subsided. Direct sunlight exposure is to be completely avoided immediately following the treatment (including any strong UV light exposure or tanning beds). SPF 30+ must be applied daily to the treated area for a minimum of two weeks. Twice daily cleanse the treated area with a posttreatment cleanser, followed by a serum or treatment cream and follow with SPF 30+ sunscreen.

The treatments I receive here are voluntary and I release Medical Aesthetics and Rejuvenation Center, LLC and/or skin care professionals from liability and assume full responsibility thereof.

Patient Name: _____ Patient Signature: _____ Date: _____