



# Neuromodulator Consent Form

## Consent for Use of Botox, Dysport, Xeomin, Jeuveau

### PURPOSE

The purpose of this informed consent form is to provide written information regarding the risks, benefits, and alternatives of this procedure. This material serves as a supplement to the discussion you have with your healthcare provider. It is important that you fully understand this information, so please read this document thoroughly. If you have any questions regarding the procedure, ask your healthcare provider prior to signing the consent form.

### Indications and alternatives

Botox, Dysport, Xeomin and Jeuveau are brand names for botulinum toxin type A, a neurotoxin that blocks messages between muscles and the nerves that control them. Botulinum toxin is a neurotoxin produced by the bacterium Clostridium A. Botulinum toxin can relax the muscles on areas of the face which cause wrinkles associated with facial expressions. The FDA has approved the treatment for the area between the eyes, (glabellar), however other areas of the face are also treated off label. Areas most frequently treated in addition to the glabellar are crow's feet (lateral areas of the eyes), forehead wrinkles, and radial lip lines. Neuromodulators are also used to treat hyperhidrosis in the axilla area. Treatment with botulinum toxin can cause your facial expression lines or wrinkles to be less noticeable or essentially disappear. The effects become apparent 2-10 days after injection and generally last 3-6 months. The treatments can be repeated indefinitely with resistance to the effects of the neuromodulator occurring only rarely. The alternatives to neuromodulator treatment are no treatment or surgery. **Initial** \_\_\_\_\_

### Risks and complications

Before undergoing this procedure understanding the risks is essential. No procedure is completely risk free. The following risks may occur, but there may be unforeseen risks that are not included on this list. Some of these risks, if they occur, may necessitate hospitalization and or extended outpatient therapy. It has been explained to me that there are certain inherent and potential risks and side effects in any invasive procedure and in this specific instance such risks include but are not limited to post treatment discomfort, swelling, redness, and bruising at the site of injection, double vision, allergic reaction, minor temporary droop of the eyelids (can last up to 3 months), and headache. Injections around the mouth may lead to difficulty whistling, drinking through a straw and some difficulty with words that begin with a P or B. Botox contains human derived albumin and carries a theoretic risk of virus transmission. There have been no reports of virus transmission through Botox. Rare but serious complications include difficulty breathing and generalized weakness. **Initial** \_\_\_\_\_

### Contraindications

You should not have treatment with neuromodulators if you are pregnant, nursing, are allergic to albumin, have an infection, skin condition, or muscle weakness at the site of injection. Eaton-Lambert syndrome, Lou Gehrig's disease or myasthenia gravis are also contraindications to treatment. Women who are pregnant, attempting pregnancy or are breastfeeding should not be treated with neuromodulators. Dysport may contain trace amounts of cow's milk protein. **Initial** \_\_\_\_\_

I understand that when small amounts of purified botulinum toxin are injected into a muscle it causes weakness or paralysis of that muscle. This appears in 2-14 days and usually lasts up to 3 months but can be of shorter or longer duration. In a very small number of patients the injection does not work as satisfactorily or for as long as usual and there are some individuals who do not respond at all. I understand that I will not be able to use the muscles that have been injected, but this will reverse after a period of months at which time retreatment is needed. I understand that I should not exercise for 24 hours, should stay upright for 4 hours after injection, and do not massage the treated area. I understand that the risks, benefits, and alternatives have been explained to me to my satisfaction. No guarantees about results have been made. I understand that this treatment is cosmetic in nature and is not covered by insurance.

**Initial** \_\_\_\_\_

**Patient Name:** \_\_\_\_\_

**Patient Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**I am the treating health care provider. I have discussed the above risk, benefits, and alternatives with the patient. The patient had an opportunity to have all questions answered and was offered a copy of this informed consent.**

**Health Care Provider** \_\_\_\_\_ **Date** \_\_\_\_\_

# Neuromodulator Pre-Care Instructions

- If you have a special event or vacation coming up, please keep in mind that you may want to schedule your treatment at least 2 weeks in advance.
- It is recommended to discontinue the use of Aspirin, Motrin, Ginkgo Biloba, Garlic, Flax Oil, Cod Liver, Vitamin A, Vitamin E, or other essential fatty acids at least 3 days to one week before and after treatment to minimize bruising or bleeding. Please consult with your primary physician prior to discontinuing any medications.
- Avoid alcohol, caffeine, Niacin supplement, high-sodium foods, high sugar foods, refined carbohydrates, spicy foods, and cigarettes 24-48 hours before your treatment (may effect bruising and swelling).
- If you develop a cold/flu/covid symptoms, cold sore, blemish, or rash, etc. in the area to be treated prior to your appointment, we recommend that you please reschedule your appointment until it resolves.
- It is recommended to discontinue Retin-A or similar products 2-3 days before treatment to avoid any increased redness and irritation.

# Neuromodulator Post-Care Instructions

- Do not lay down flat or bend forward, touch, or rub the treated area for at least 4 hours.
- Avoid Aspirin, Motrin, Ginkgo Biloba, Garlic, Flax Oil, Cod Liver, Vitamin A, Vitamin E, or any other essential fatty acids at least 3 days after treatment to minimize bruising or bleeding.
- Avoid alcohol, caffeine, Niacin supplement, high-sodium foods, high sugar foods, refined carbohydrates, spicy foods, and cigarettes 24-48 hours after your treatment (may effect bruising and swelling).
- Avoid Retin-A or similar products 2-3 days after treatment to avoid any increased redness and irritation.
- Try to avoid wearing makeup until the day after treatment. If you must wear makeup the day of, we suggest good quality mineral makeup for face.
- Please report to your provider if any increased pain, swelling, redness, blisters, or itching immediately, should it occur following your treatment.
- The treatment may take 2-10 days to take full effect. It is recommended that the touchup, if needed, be done no later than 2 weeks after the initial treatment.
- Avoid vigorous exercise, sun and heat exposure for 3 days after treatment and apply sunscreen.
- Avoid wearing hats, headbands, or anything tight across the treatment area after the treatment.

